

# 1st Annual *and talk some!* Back to School 5k Fun Run

**Proceeds will benefit Trinity Lutheran School's scholarship fund. Participants are asked to bring non-perishable food items to benefit Trinity Cares food pantry.**

**Date: 09/10/11**

**Time: 08:00AM**

**Pre-register by: 09/02/11**

**Entry Donation:**

- \$25.00 for preregistered entries
- \$10.00 for ages 5-16 (free if sponsored)
- \$20.00 for older adults (50+)
- \$30.00 for race day entries

All participants will receive a custom commemorative shirt. Youth sizes are available.

**The start and finish will take place in the parking lot at Trinity Lutheran School. The course is flat, safe, and through quiet neighborhoods. Hydration stations will be at mile 1, mile 2, and mile 2.5. These stations will serve water and Gatorade. There will be post-race snacks and live music to celebrate your accomplishment.**



All participants eligible for raffle prizes!

**For more information or to register, visit [www.trinitycp.org](http://www.trinitycp.org)**

**Mail form and entry fee to:**

Trinity Lutheran School  
Attn: Fun Run  
150 S. Indiana Ave.  
Crown Point, IN 56307

Phone: 219-663-1578  
Fax: 219-663-9606  
[joy\\_d\\_smith@hotmail.com](mailto:joy_d_smith@hotmail.com)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

T-shirt Size: S M L XL \_\_\_\_  
Youth S M L

Sex \_\_\_\_\_ Age on race day \_\_\_\_\_

**In signing this form I assume all responsibility and agree to waive any responsibility for Trinity Lutheran Church & School and all other sponsors for any injury incurred during the Back to School Fun Run. I attest that I am physically fit and have sufficiently trained for this event: Back to School 5k Fun Run—9/10/11**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_

